

2002 July



Gaeta Fleet & Family Support Center Monthly Events

website: www.nsa.naples.navy.mil/gaetaffsc



monday

tuesday

wednesday

thursday

friday



2 Employment Opportunities in Gaeta (1000-1100)

This class covers all local employment and volunteer opportunities.



Windshield Tour (1330-1530) A great overview of the sites in Gaeta and Formia. Please call to reserve a space available after 9:00 a.m.



8



Parenting: Raising a Responsible Child 9th July - (0900-1200)

Learn the techniques to help raise children to be happy and responsible adults. Keep peace and harmony in the home while raising responsible children.



9 Anger/ Stress Management (1400-1600)

Learn techniques to help manage anger and stress.



Windshield Tour

3

10



Free Internet at Home

(0900-1200)

Learn how to sign up for one of many Internet services in Italy.

4



Split Mountain Walking Tour 18th July - (1430-1600)

Learn about one of Gaeta's most magnificent landmarks. Meet outside the post office.

5

12

ICR Rome

19th July - (0800-1700)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.



15

16

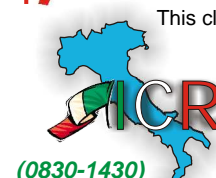
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17

Intercultural Relations

This classroom session covers Italian language, history, culture, customs, and shopping. It prepares you to live in Italy.



(0830-1430)



Free Internet at Home (0900-1200)

18 Area Orientation (0800-1600)

Learn everything you need to know about setting up your home on the economy. Learn to use the phone, settle into your new home, deal with emergencies and more.



19



Transition Assistance Program

Pre-Separation TAP (0800-1700) -- Job search skills for separating military members. Computer classroom will be closed.

22

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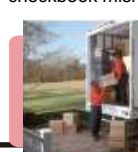
24

Checking Account Management

Learn how to handle your checkbook more effectively. This program covers all the basics, including choosing a bank and credit union, fees and charges, tracking ATM transactions and the military ramifications of checkbook mismanagement.



(1400-1500)



Smooth Move (0900-1200)

Learn about your moving allowances, household goods, utility closeouts, customs, and more.

25

Developing a Spending Plan

25th July (1400-1500)

Do you have trouble making it from one paycheck to the next? This workshop can help you develop a realistic spending plan. With a spending plan in place, you'll be on your way to paying your bills on time and achieving your short- and long-term financial goals.



Federal Employment Opportunities

25th July (0900-1100) Learn where to look for job announcements and how to read them. Find out your options for applying from the SF-171, OF-612 to the Federal-Style resume. Step by step guidance on completing applications and answering the KSA portion of a job announcement.



26

Sponsorship Training

(1000-1100) This training is for volunteers and assigned sponsors. Learn how to make your job as a sponsor easier and most importantly, to make the newcomer's relocation a lot smoother.



29

CAPPUCCINO AND... 30th July - (1000-1200)

A walking tour of the Golden Chapel, Annunziata Church, and San Francesco (outside only). Enjoy the historical beauty of our little town of Gaeta. Tour is free, but bring some change along for donation and cappuccino.



30



Windshield Tour

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Resume Writing

This workshop offers an introduction to the various types of resumes. Participants will begin the resume writing process in class so bring a blank disk and your work and educational history with you. Computer classroom will be closed from 0900-1100 only.



(0900-1100)



Cooking class with Antonio

26th July (1030-1230) La Tavernetta Tipica Ristorante/ Pizzeria (almost next door to the Rock Garden Pensione) will provide Italian Cooking Classes. Fee of 7 Euro must be paid upon registration.

To sign up for classes call 0771-709818 or come to visit us!!